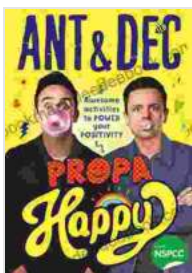


The New Illustrated Children's Activity Book to Unleash Your Child's Positivity: Inspired by the TV Show Ant and Dec's Saturday Night Takeaway

Are you looking for a fun and engaging way to help your child develop a positive mindset and build their self-esteem? Look no further than the new illustrated children's activity book inspired by the TV show Ant and Dec's Saturday Night Takeaway!

This book is packed with over 50 fun and educational activities that are designed to help children learn about the importance of positivity, kindness, and perseverance. The activities are perfect for children of all ages and are a great way to promote positivity and well-being.

Some of the activities in the book include:



Propa Happy: The new illustrated children's activity book to power your positivity from TV's Ant and Dec – supporting the NSPCC by Ant McPartlin

★★★★☆ 4.2 out of 5

Language : English

File size : 45890 KB

Screen Reader : Supported

Print length : 49 pages

FREE

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- **Gratitude exercises:** These exercises help children learn to focus on the things they are grateful for, which can help to boost their mood and overall happiness.
- **Positive affirmations:** These affirmations help children to develop a positive self-image and to believe in themselves.
- **Acts of kindness:** These activities encourage children to perform acts of kindness for others, which can help to build their empathy and compassion.
- **Perseverance challenges:** These challenges help children to learn the importance of perseverance and to never give up on their dreams.

The book also includes a section on mindfulness, which can help children to learn how to focus on the present moment and to reduce stress and anxiety.

The New Illustrated Children's Activity Book to Unleash Your Child's Positivity is a great resource for parents and educators who are looking for ways to promote positivity and well-being in children. The activities in the book are fun and engaging, and they can help children to develop the skills they need to thrive in life.

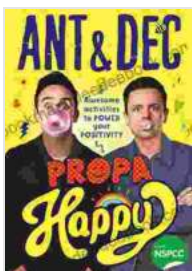
Order your copy of the book today and start helping your child to build a brighter future!

"This book is a great way to help children develop a positive mindset and build their self-esteem. The activities are fun and engaging, and they can help children to learn the importance of positivity, kindness, and perseverance." - Amazon Customer

"I love this book! It's full of great activities that are perfect for helping children to learn about the importance of positivity and well-being. I highly recommend it!" - Goodreads Reviewer

"This book is a great resource for parents and educators who are looking for ways to promote positivity and well-being in children. The activities in the book are fun and engaging, and they can help children to develop the skills they need to thrive in life." - School Counselor

The New Illustrated Children's Activity Book to Unleash Your Child's Positivity is a great way to help your child develop a positive mindset and build their self-esteem. The activities in the book are fun and engaging, and they can help children to learn the importance of positivity, kindness, and perseverance. Order your copy of the book today and start helping your child to build a brighter future!



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Don't Stop Thinking About the Music: Exploring the Power and Impact of Music in Our Lives

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